

USCAH Checklist: Creating Your Roadmap for Return to Campus

Category 2: Facility Preparation and Management—Medical Facilities and Campus Facilities

1. Personnel

- Create Athletics COVID-19 Action Team
- Connect with, review, and adhere to local, state and Federal Health Organizations—Department of Health, CDC, etc.—Re-opening Guidelines
- Review & incorporate best practices provided by governing body
- Train personnel for each facility for return to participation

2. Programming

- Review Facility Preparation Guidelines created in Category 1 in preparation for a Return to Campus and a Return to Sport
- Require essential staff & student athletes to review education modules prior to return
- Implement Athletics & Sports Medicine COVID-19 Action policies & protocols that will be at each facility used by the athletic department
- Establish & Implement COVID-19 Facility Planning & Response Guidelines
- Prepare Guidelines for returning to training and practice for all facilities
- Implement Isolation & Quarantine Guidelines
- Implement Education & Training Modules

3. Testing and Monitoring Protocols

- Implement testing & monitoring policies created in Category 1
- Daily review testing and monitoring policies to ensure currency
- Prepare facilities for an isolated daily check area

4. Mitigation

- Daily health check for student athletes, coaches, & staff
- Physical separation of student athletes, coaches, & staff
- Shared equipment should be prohibited—this includes training equipment & items like water bottles & cups
- Utilize closed containers for all disposable & reusable hygiene materials

5. Social Distancing, Personal, and Group Hygiene

- Establish general measures like social distancing, hand washing, & other hygiene
- Close all training facilities to the general public
- Establish and implement supervision protocols for all training sites
- Implement cleaning, disinfection, and sanitizing protocols

6. Quarantine Procedures

- Risk assessment and triage including:
 - o Mandatory reporting of health changes
 - o Stay at home requirements
 - o Diagnostic steps
- Prepare quarantine facilities for use when needed
- Internal tracking

7. Facility Specific Measures

- Implement and monitor arrival and departures at each facility
- Identify, implement, and monitor safety measures at each facility



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For additional information and programming to ensure your institution is prepared for a return to campus and a return to sport collaborate with USCAH. Contact USCAH at info@uscah.com or visit the website at uscah.com.