

USCAH Checklist: Creating Your Roadmap for Return to Campus

Category 1: Return to Campus Protocols –Healthcare Staff, Student Athletes, Coaches and Staff

1. Personnel

- Identify Essential Staff
- Athletic Department Staff
- Athletics Healthcare staff
- Student assistants
- Coaches

2. Programming

- Create Essential Staff Return to Campus policies
- Create Student Athlete Return to Campus policies
- Online Training Modules
- Establish Social Distancing Policies for:
 - o Medical facilities
 - o Locker Room
 - o Practice facilities
 - o Competition facilities
 - o Weight rooms
 - o Dormitories and housing
 - o Nutrition and Food Services areas

3. Testing and Monitoring Protocols

- Collaborate with University leaders
- Review Community health policies
- Review State Health Department policies
- Review State and Federal mandates
- Establish student athletes and staff testing
- Establish student athletes and staff monitoring program

4. Risk Mitigation

- Train Essential Staff
- Monitor Social Distancing policies
- Implement all Social Distancing policies

5. Personal and Group Hygiene

- Establish facemask wearing policy
- Monitor facemask wearing for all groups (Healthcare staff, Student athletes, Coaches, All other staff and student)
- Establish and implement handwashing policies
- Establish and implement modalities use and disinfection policies
- Establish and implement weight room use and disinfection policies
- Establish and implement practice facilities use and disinfection policies

6. Quarantine Protocols

- Establish and implement monitoring policy
- Establish and implement testing policy
- Designate quarantine areas for infected individuals
 - o Medical facilities
 - o Weight room
 - o Locker room
 - o Practice facilities
 - o Cafeteria/Nutrition
 - o Dorm or residence



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For additional information and programming to ensure your institution is prepared for a return to campus and a return to sport collaborate with USCAH. Contact USCAH at info@uscah.com or visit the website at uscah.com.